

FLOURISH

An RSE programme for Catholic Primary Schools on the island of Ireland



CLASS BY CLASS

JUNIOR INFANTS

Myself

- I am Me – God loves me.
- I have a wonderful body. My body is a gift from God. I must look after it.

Myself and Others

- I have a family. We love each other. Jesus had a family too.

Myself and the Wider World

- I have friends. Jesus is my friend.

SENIOR INFANTS

Myself

- I am growing. My body is changing. God loves us as we grow and change.
- I keep myself safe. I look out for other people. Jesus asked us to care for each other.

Myself and Others

- I have feelings. Others have feelings too. I want to be a good friend. I am kind like Jesus.

Myself and the Wider World

- Sometimes I need help. I ask for help. I can always ask for God's help.

FIRST

Myself

- I am unique. God loves me as I am.

Myself and Others

- Other people are special too. I respect other people. Jesus wants us to respect everyone.
- My space, your space. I am gentle and understanding as Jesus asked me to be.

Myself and the Wider World

- Some people are not as lucky as I am. I care about them too. Jesus cared for others.

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SECOND

Myself

- My body is amazing. I am grateful to God for all that I can do.

Myself and Others

- I am loyal to my friends. I don't let them down. Jesus asked us to be loyal.

Myself and the Wider World

- People I admire. There are lots of good people. Jesus was a role-model.
- Dangerous situations. What should I do? Who can help?

THIRD

Myself

- My gender is part of who I am. God loves me as I am.

Myself and Others

- Different types of friendships. Jesus had many friends.
- I support my friends.

Myself and the Wider World

- My neighbourhood – showing love to everyone. God wants us to show love in many different ways.

FOURTH

Myself

- I am growing into my adult body. God designed me perfectly.
- Good choices, bad choices. The choice is mine. My conscience will guide me.

Myself and Others

- My words and actions can hurt others. Jesus asks us to use words and actions carefully.

Myself and the Wider World

- We need to look after the earth. The environment is God's creation. He asked us to look after it.

FIFTH

Myself

- My sexuality is part of who I am. God loves me as I am.
- Puberty – welcome changes. I am perfectly designed by God.

Myself and Others

- I am attracted to other people. I respect them. God made us to be compatible with each other.

Myself and the Wider World

- Social media can be good and bad. Respect is the key. God wants us to respect each other.

SIXTH

Myself

- I have a wonderful body. God loves me as I am.
- Sex is a precious gift from God. It belongs in a committed relationship.

Myself and Others

- Staying safe online. Keeping relationships positive. God wants us to respect each other.

Myself and the Wider World

- Love and relationships are special. Advertising can distract us. God is love.